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FOR IMMEDIATE RELEASE

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Suicide Prevention Coalition donates Books to Local Libraries

The Suicide Prevention Coalition of Warren and Clinton Counties has donated 43 books to 14 local public and collegiate libraries. The donations were made possible through a generous grant from the Ohio Suicide Prevention Foundation.

"These books primarily focus on support and assistance to suicide survivors, overcoming depression and suicidal thoughts, and facts about suicide. All books were selected from the "Recommended Books list" published by the American Association of Suicidology or the Fernside Center, a Cincinnati Based agency focused on supporting children and families through grief" stated Patti Ahting, Coalition Chair.

The book selection includes:

- Real Men Do Cry by Eric Hipple
- Myths about Suicide by Thomas Joiner
- <u>Seeking Hope: Stories of the Suicide Bereaved</u> by Michelle Linn-Gust, & Julie Cerel
- History of a Suicide: My Sister's Unfinished Life by Jill Bialosky
- The Coldest Night: A Family's Experience of Suicide by Carol Anne Milton
- <u>Dying to Be Free: A Healing Guide for Families After a Suicide</u> by Beverly Cobain & Jean Larch
- Why Suicide? Questions & Answers About Suicide, Suicide Prevention, and Coping with the Suicide of Someone You Know by Eric Marcus
- Someone I Love Died by Suicide: A Story for Child Survivors and Those Who Care for Them by Doreen Cammarata
- Red Chocolate Elephants: For Children Bereaved by Suicide by Diana C. Sands

A list of the library locations for each of the above book donations can be found on the Coalition's website: www.mhrsonline.org/suicidepreventioncoalition.

The Coalition selected this strategy as it is estimated that at least 6 individuals are affected by a suicide death. Therefore, it could then be estimated that the 225 suicide deaths over the past 10 years in Warren and Clinton counties (2002-2011) have left 1,350 survivors behind. Providing books and resources to public libraries provides easy access and may be a preferred coping mechanism for many survivors.

"We appreciate the willingness of the libraries to accept these books into their collection and hope that they may assist many individuals in finding answers and peace," Alting added.

Made up of partners from a multitude of social service and governmental agencies as well as interested community members, the Suicide Prevention Coalition of Warren and Clinton Counties works to enhance awareness, increase early intervention and ultimately decrease the incidence of deaths by suicide and suicide attempts locally.

The Suicide Prevention Coalition also provides literature and speakers to employers, community groups, schools, churches and any other interested groups. For more information about the Suicide Prevention Coalition, call Mental Health Recovery Services of Warren and Clinton Counties at 513-695-1695 or visit their website at www.mhrsonline.org/suicidepreventioncoalition.

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Where to Get Help

~ Local help is available on a free or sliding fee basis ~

24 Hour Toll-Free Crisis Hotline for Warren & Clinton Counties

1-877-695-6333

OR 1-877-695-NEED

Solutions Community Counseling and Recovery Centers (Warren County and Clinton County)

1-800-932-3366

Survivors After Suicide Support Group — For the most up-to-date group list, consult the American Foundation for Suicide Prevention, Cincinnati Chapter, website at:

www.afsp.org